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Glutton Guide Shanghai: The Hungry Traveler's Guidebook (Updated 2017 Edition) (Food Guide)



Synopsis

Eat Your Way Through Shanghai The guidebook written by foodies for foodies, the completely updated 2016/2017 Glutton Guide is all you'll need to plan a memorable meal-based trip in Shanghai. Highlighting the city's most authentic and delicious foods, Glutton Guide leads travelers to local treasures that are easy to miss and often hard to find – unless you know exactly where to look and what to order. In addition to an overview of Shanghai's best street foods and regional cuisines of China, reader will find a guide to the city's best international restaurants and bars as well as handy safety tips and a getting around guide. Glutton Guide Shanghai helps readers hurdle the language barrier with ease, providing ordering instructions in English, pinyin and Chinese characters for each local restaurant, as well as bilingual addresses and subway information for all listings in the guide. All you have to worry about is working up an appetite!

Inside Glutton Guide Shanghai:

- Shanghai's Must-Do Culinary Experiences
- Top 10 Street Foods
- Street Food Safety
- Regional Chinese Food Overview & Recommendations
- Best International Restaurants
- Top Hotels for Foodies
- Nightlife Guide
- Food Shopping
- Mandarin Language Guide
- Maps of Shanghai
- And so much more!

About the Authors: Jamie Barys & Kyle Long founded UnTour Shanghai, the city's leading food tour company in 2010. Together, they have over 13 years of experience eating their way through the city, from Shanghai's best street food stalls to the high-end degustation menus from Michelin star wannabes. They live to eat, and want to make sure every visitor to Shanghai eats like a local, every meal.

About Glutton Guides: Don't read these guidebooks on an empty stomach! Glutton Guides is stepping out as the first and only global, locally written guidebook series to focus solely on the dining scene of its destinations. Each e-guidebook in the Glutton Guides series is written by culinary experts based locally in each target city they – there's no crowdsourced information in the well-curated content. Glutton Guide writers condense the city's dining scene into one easily digestible resource that is regularly updated so readers don't have to worry about outdated listings. Coming soon are Melbourne, Prague & Buenos Aires!

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Customer Reviews

If you're headed to Shanghai and you love local eateries and authentic street food, you have two choices: 1. Cobble together a list from a variety of websites and online forums, hoping it includes the necessary street addresses, Chinese characters, and other up-to-date info you'll need to actually make it useful once you're on the ground. 2. Spend a few bucks, save yourself a ton of time, and buy *Glutton Guide Shanghai*. Jamie and Kyle have done all the footwork. They've spent years exploring every corner of Shanghai and designing tours that take visitors to Shanghai to the places you'll want to check out. I'll admit it, I'm a bit biased because I spent a few years eating my way through Shanghai, and I even led a few of the tours they designed. I don't live in Shanghai anymore, so I got the *Glutton Guide* to make sure I have all the most recent information when I do head back and gorge myself on soup dumplings and crawfish. It's also a serious nostalgia trip for me. These are things that most expats won't know about unless they've sought them out, and many locals won't bother mentioning to visitors. The guide has the name of practically every little longtang alleyway I ever wandered down, all the random markets I was surprised to find, and best of all it's got the ones I still haven't had a chance to check out yet.

Without this guide book, or a guide (the writer's of the book also run a food tasting tour company in Shanghai) - I would have missed out on so many of the wonderful food options China has to offer. Instead of just pointing to a menu and hoping for the best, I could use this guide to sample must-try dishes and new eats I'd never even known existed. This isn't just a Lonely Planet type-book to tell

you what you should 'try when you're in China', it's a guidebook that cultivates unique and delicious adventures. Not to mention, they promise to update it frequently so that you don't miss out on all the new foodie frenzies...or wind up to a formerly mouthwatering mecca, only to find the gates have shut. Move away from the McDonald's safety net and see what you can discover on your own!

I agree with all the other reviewers that this is the best food guide out there for Shanghai. The Shanghai food scene is constantly changing, but most restaurants are just trendy and not high quality. There are many trendy restaurants in Glutton Guide, but I've liked the food at every restaurant I tried. It's also fun to read.

The content is great but the kindle version hard to use and format confusing. I recommend getting the print version

This book was super helpful in planning my trip to Shanghai! Really appreciated that they translated dishes in both characters and pinyin, and gave a really comprehensive look at the city's dining scene. Never been more ready to eat my through a city before. Hope they publish in more cities soon!

This book was fantastic and a must read for any level of foodie. It has everything from high end restaurants to street food and I only wish it had been out when I first came to Shanghai in 2006. I highly recommend it for anyone who likes food (everyone!) and finds themselves in Shanghai.

Used this guidebook on a trip to China and every single meal I had based on its recommendations was delicious. Highly recommend if you want to eat well in China. Ordering at some of the local restaurants can be pretty intimidating without it!

Excellent resource for first time visitors to Shanghai! I used it countless times to locate good places to eat. Thank you so much!

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